

Special Precautions Unit (SPU) Donning/Doffing PPE Checklist

Name: _____ Observer: _____ Date & Time: _____

NMCP DONNING PPE CHECKLIST:

- 1. Perform hand hygiene.
- 2. Don **GOWN**
 - Fully cover torso from neck to knees, arms to wrists, wrap around back.
 - Fasten in back of neck and waist.
- 3. Don **RESPIRATOR**
 - Secure elastic band at middle of head and neck.
 - Fit flexible band to nose bridge. Fit snug to face and below chin. Fit check respirator.
- 4. Don **GOGGLES/FACE SHIELD**
 - Place over face and eyes. Adjust to fit.
- 5. Don **GLOVES**
 - Extend to cover wrist of isolation gowns.

NMCP DOFFING PPE CHECKLIST: **Remove all PPE before exiting the room EXCEPT for the RESPIRATOR. Remove the Respirator AFTER leaving the room and closing the door. Remove the PPE in the following sequence:

- 1. Remove **GOWN & GLOVES**
 - Grasp gown in the middle, pull away from body, and fold inside out into a bundle, peeling off gloves at the same time. Discard gown & gloves in designated waste container.
 - If your hands get contaminated after removal, wash or sanitize hands immediately!
- 2. Remove **GOGGLES or FACE SHIELD**
 - Remove GOGGLES/FACE SHIELD from the back by lifting head band WITHOUT touching FRONT of goggles or face shield.
- 3. Remove **RESPIRATOR**
 - Grasp the bottom ties then top ties WITHOUT touching the FRONT of the respirator. Remove and discard in designated waste container.
- 4. Hand Hygiene. **Wash hands** with soap and water or use an alcohol-based sanitizer immediately after removing all PPEs.

Special Precautions Unit (SPU) Donning/Doffing PPE Checklist

Name: _____ Observer: _____ Date & Time: _____

NMCP DONNING PPE CHECKLIST:

- 1. Perform hand hygiene.
- 2. Don **GOWN**
 - Fully cover torso from neck to knees, arms to wrists, wrap around back.
 - Fasten in back of neck and waist.
- 3. Don **RESPIRATOR**
 - Secure elastic band at middle of head and neck.
 - Fit flexible band to nose bridge. Fit snug to face and below chin. Fit check respirator.
- 4. Don **GOGGLES/FACE SHIELD**
 - Place over face and eyes. Adjust to fit.
- 5. Don **GLOVES**
 - Extend to cover wrist of isolation gowns.

NMCP DOFFING PPE CHECKLIST: **Remove all PPE before exiting the room EXCEPT for the RESPIRATOR. Remove the Respirator AFTER leaving the room and closing the door. Remove the PPE in the following sequence:

- 1. Remove **GOWN & GLOVES**
 - Grasp gown in the middle, pull away from body, and fold inside out into a bundle, peeling off gloves at the same time. Discard gown & gloves in designated waste container.
 - If your hands get contaminated after removal, wash or sanitize hands immediately!
- 2. Remove **GOGGLES or FACE SHIELD**
 - Remove GOGGLES/FACE SHIELD from the back by lifting head band WITHOUT touching FRONT of goggles or face shield.
- 3. Remove **RESPIRATOR**
 - Grasp the bottom ties then top ties WITHOUT touching the FRONT of the respirator. Remove and discard in designated waste container.
- 4. Hand Hygiene. **Wash hands** with soap and water or use an alcohol-based sanitizer immediately after removing all PPEs.